



## **HEY DOC, HOW ARE MY KIDNEYS?**

### **Free Screening Event at the Kinston Community Health Center**

Do you have?

- Diabetes (high sugar)
- High blood pressure
- Heart disease
- A family member with kidney disease

Early diagnosis and management can stop or slow the progression of chronic kidney disease and prevent the need for dialysis or kidney transplant. Even though you may not feel anything, you can still be at risk for kidney disease. Join the UNC Kidney Education and Outreach Program for a FREE screening and receive information on how to keep your kidneys healthy. Bring your friends and family too! Registration is not required.

**FREE Kidney Screening Event**  
**Monday, August 5<sup>th</sup>, 2019 | 10am-2pm**  
**Kinston Community Health Center**  
**324 N. Queen St. | Kinston**

Please note, this is also a research study to learn more about the health of your community. English speaking, adults can participate. You will receive your kidney screening results, information about kidneys and have the opportunity to ask questions to a doctor during this event. Your participation will last about 15 minutes.

For any questions about the study and participant rights, please contact the Institutional Review Board (IRB #17-1294): 919-966-3113 or by email – [IRB\\_subjects@unc.edu](mailto:IRB_subjects@unc.edu)

**Questions? Contact Anna Kinsey at (252) 302-5439 or Jill Powell at (919) 445-2618.**

